



THIRD International Obstetric Conclave by KFOG

# GESTICON

2026 8<sup>th</sup> & 9<sup>th</sup> August, 2026

Grand Arena Convention Centre, Ettumanoor, Kottayam

Guidelines to Ground Reality  
Strengthening Obstetric Practice



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TO REGISTER

Organized by  
**Kottayam O&G Society**  
under the aegis of  
**Kerala Federation of Obstetrics and Gynaecology**



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# GESTICON 2026

8<sup>th</sup> & 9<sup>th</sup> August, 2026

Grand Arena Convention Centre, Ettumanoor, Kottayam

Dear Colleagues,

It gives us immense pleasure to host the mid-term conference of the Kerala Federation of Obstetrics and Gynaecology—GESTICON 2026. This international obstetric conclave is designed to enhance knowledge, refine our skills, and strengthen the quality of care we provide to patients. In today's evolving clinical landscape, it is essential that we remain well-versed in protocols and best practices, ensuring safety for both our patients and ourselves as practitioners. With this vision, we have curated a comprehensive scientific program aligned with these objectives. We warmly invite you to join us for this enriching academic and networking experience. Your participation will be invaluable in making this conference a meaningful and successful event.

Warm regards

Organising team, Gesticon 2026

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Dr. Sathi M.S

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### Organising Vice Chairpersons

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### Scientific lead



Dr Beena  
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Dr. Rajendraprasad  
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**Dr. Maya S. Mallya**

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**Dr. Jayasree Vaman**

PPMD

**Dr. Agnes Mathew**

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## INTERNATIONAL FACULTY



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R Jeganathan,  
Malaysia



Prof Kypros  
Nicolaidides,  
UK (online)



Dr Albaro Jose  
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## NATIONAL FACULTY



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Dr Rashmi  
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Dr Ajay Mane



Dr Rajendrasing  
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# GESTICON

2026

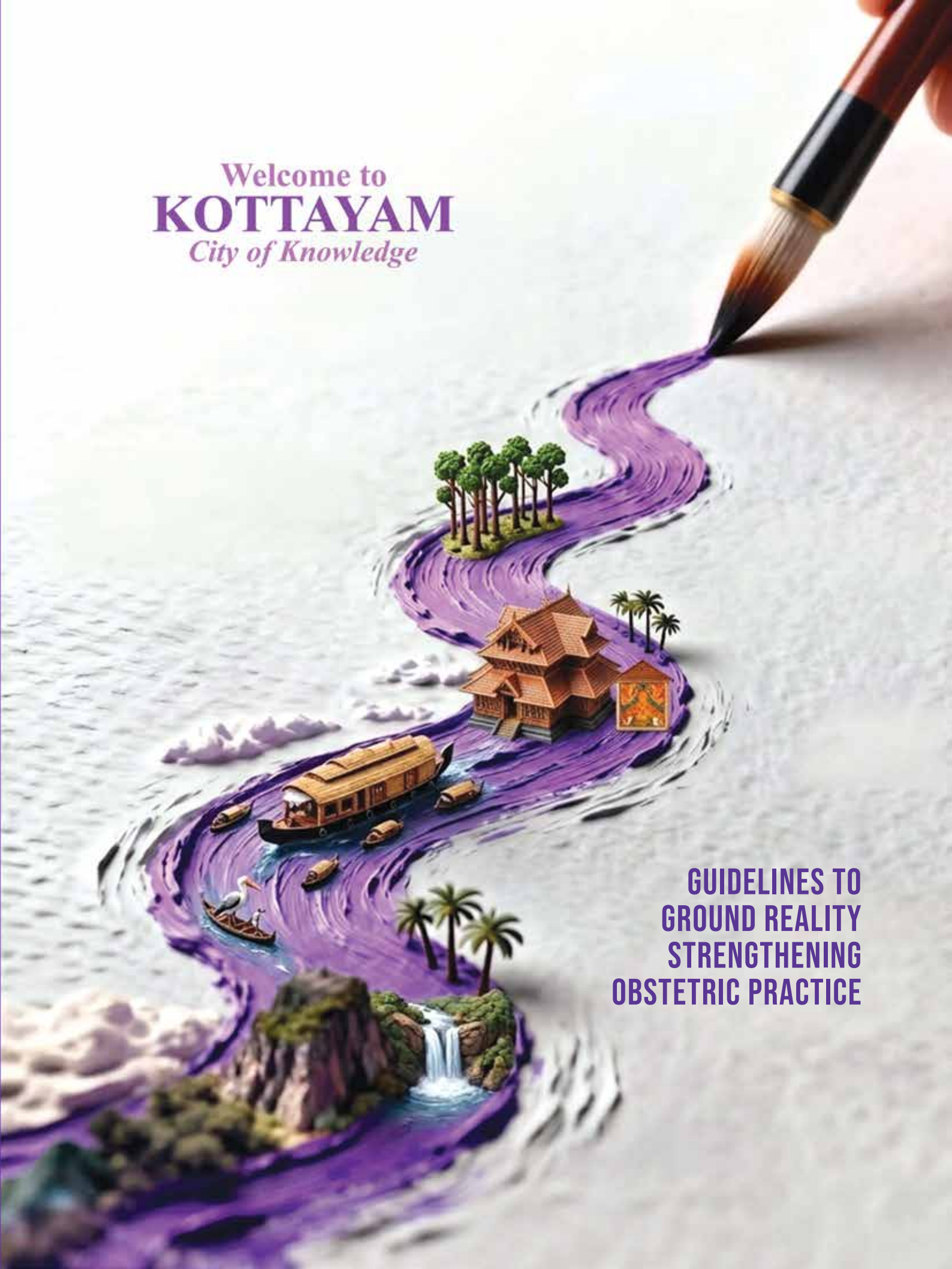
8<sup>th</sup> & 9<sup>th</sup> August, 2026

Grand Arena Convention Centre, Ettumanoor, Kottayam

## CONFERENCE HIGHLIGHTS

- 5 PRECONFERENCE WORKSHOPS
  - HANDS ON EXPERIENCE
  - OPEN FORUM
- PROF T NARAYANAN GESTICON ORATION
  - KFOG ORATION
- EMINENT INTERNATIONAL,  
NATIONAL AND STATE FACULTY
- FREE PAPER AND POSTER COMPETITION
  - KFOG PG QUIZ

Welcome to  
**KOTTAYAM**  
*City of Knowledge*



**GUIDELINES TO  
GROUND REALITY  
STRENGTHENING  
OBSTETRIC PRACTICE**



## PROGRAM OVERVIEW OF 8TH AUGUST 2026

8.00 am.	: Registration
8.30am- 1.00pm	: Preconference workshops 1 or 2 or 3
1.00 to 2.00 pm	: Lunch
2.00 to 4.00 pm	: Preconference workshops 4 or 5
4.30pm to 7.00pm	: Conference
7.00 pm to 8.00pm	: Inauguration
8.00 pm to 10 pm	: Entertainment and Banquet

## WORKSHOPS

WORKSHOP

01

HALL A

### "Sailing through the storm to shore" - LABOUR WORKSHOP

08/08/2026 9.00 AM TO 1.00 PM

Coordinators- **Dr Sangeetha Menon, Dr Deepa Mathews, Dr Simi Kurian, Dr Ramesh Kumar P P**

Time	Topic	Faculty
<b>Session 1 The Captain's Journey : Navigating Labour Safely</b>		
9.00 am – 10.30 am	Labour Room Checklists: Small Steps, Safer Births	Dr Sheeba.T. Joseph
	Labour Care Guide : Are the Timelines Clinically Practical?	Dr Nirpin Daniel
	Reading the Radar : New Horizons in CTG Interpretation	Dr Neetha George
	Preventing Intrapartum Sepsis : Evidence Based Use of Antibiotics	Dr Simi Kurian
	Labour Analgesia : Balancing Comfort and Safety	Dr Thulasi Devi K C
	Mechanism of Labour Through Changing Times	Dr Divya Jose
<b>Discussion</b>		
<b>Session 2 Storm Alerts : Recognizing and Managing Labour Complications</b>		
10.30 am – 11.00 am	When the Waters Turn Green: Managing Meconium in Labour	Dr Bhavya A. B
	The Unexpected Reef : Predicting and Managing Shoulder Dystocia	Dr Sangeetha Menon
	Protecting the Harbour : Prevention and Management of OASIS	Dr Sujamol Jacob
11.00 am 11.15 am	<b>Discussion</b>	
11.15 am – 12.15 pm Changing Tides. Case Based Navigation Through Labour Abnormalities Moderator : <b>Dr. Elizabeth Jacob</b> Panelists: <b>Dr N.S Sreedevi, Dr Sheela Shenoy, Dr Shaila.S, Dr Bindu P, Dr Rameshkumar P P</b>		
12.15 – 1.00 pm The Captain's Verdict : Resolving Labour Room Controversies Captain : <b>Dr.Ravichandran Jeganathan</b> , Navigator : <b>Dr Betsy Thomas</b> Experts : <b>Dr Jyothi Ramesh Chandran, Dr Beenakumari R, Dr.Ajith.S</b>		
1.00 pm <b>LUNCH</b>		

WORKSHOP

02

HALL B

Sharpening skills for critical moments  
**CRITICAL CARE IN OBSTETRICS**

08/08/2026 8.30 AM TO 1.30 PM

Coordinators- Dr Resmy CR, Dr Georgy Joy Eralil, Dr Raji Raj, Dr Asha G Nath

8.00 am Registration			
<b>SESSION 1</b>			
8.30 am to 9.15 am	Case Vignette 1		<b>Expert Faculty</b>
	Dr Resmy CR	Cardiac arrest and airway	Dr Leenus Jacob
		Role of ECMO and Intralipids	Dr Jacob George Pulinikunnathil
9.15- 9.30 am	<b>Discussion</b>		
9.30- 10.15 am	Case Vignette 2 Dr Asha G Nath	Fluid management	Dr Anuraj V T
		Massive Transfusion Protocol and TEG	Dr Chitra James
10.15- 10.30 am	<b>Discussion</b>		
10.30- 10.45 am	Debriefing		Dr Deepak Bose
<b>Session 2</b>			
10.45am to 12.45pm	Work stations 30 minutes rotation	Airway	Dr Roshin Reeba Joseph, Dr Nimitha Harilal
		CPR	Dr Sherin Sara Roy, Dr Sethulakshmi S
		POCUS	Dr Vinodhini R
		Venous cut down	Dr Jos V Stanly
<b>Session 3</b>			
12.45pm to 1.30 pm	Simulation training	Maternal Collapse	Dr Anuraj V.T Dr Roshin Reeba Joseph Dr Sherin Sara Roy Dr Anjali Prem Dr Devakikutty S
1.30 pm	<b>LUNCH</b>		



# WORKSHOP 03

Venue- Diamond Jubilee Hall, Dept of OBG, Govt Medical College, Kottayam

## From conception to labour- Basic Ultrasound hands on workshop for Obstetricians

08/08/2026 8.00 AM TO 1.00 PM

Coordinators- Dr Rani Lakshmi.S , Dr Anitha Joseph, Dr Sabila A

8.00 AM	REGISTRATION	
8.30 AM to 9.00 AM	Breaking the Ice, Briefing	Dr Anitha Joseph Dr Rani Lakshmi S Dr Sabila A
9.00 am to 12.30 pm	Workstations	
	Windows to early life- First trimester ultrasound	Dr Anitha Joseph Dr Abhishek Radhakrishnan Dr Reshmi Rajendran Dr Shreya Venugopal
	Vigilant tracking - Growth and Dopplers	Dr Sabila A Dr Amita J Das Dr Rekha Rachel Dr Sindhu P
	Imaging labour- Intrapartum ultrasound	Dr Raji Raj Dr Florence Teresa Ben
12.30pm to 1.00 pm	Debriefing and concept clarification	All faculty
1.00 pm	<b>LUNCH</b>	

NB: Registration restricted to 40 participants. | Registration will close on July 15th or at the completion of 40 registrations | Additional Registration fees of Rs 1000/ in addition to Conference registration. | Conference registration is mandatory



WORKSHOP  
**04**

**HALL A**

**ADVANCING CAESAREAN TECHNIQUES**

08/08/2026 2.00 PM TO 4.00 PM

Coordinators- **Dr Jyothi. R. Chandran, Dr Bindu Vijaykumar**

TIME	Topic	Faculty
2 to 2.15pm	Implementing ERAS during Caesarean	Dr Atmaja Nair
2.15-2.30pm	Do it right: LSCS Video presentation	Dr Smitha D Couth
	<b>DISCUSSION</b>	
2.30 pm to 3.30 pm	Master stroke moments	
2.30-2.55pm	Tackling PPH during Caesarean	Moderator - Dr Jyothi Ramesh Chandran Experts: 1.Dr Vinayachandran. S 2. Dr Lakshmi S 3. Dr Vasudeva Panicker
	<b>DISCUSSION</b>	
3.00- 3.25pm	Complicated CS	Moderator - Dr Bindu VijayKumar Experts 1.Dr Radhamany K 2.Dr Nishi Roshni 3.Dr Deepa Mathews
	<b>DISCUSSION</b>	
3.30-3.50pm	OSCS - Safer surgery through strategic planning (online)	Dr Albaro Jose Neito Calvache
3.50 -4.05 pm	Sepsis Prevention during CS	Dr Tanya Salim



WORKSHOP

05

HALL B

**MEDICO LEGAL CHALLENGES- navigating with confidence**

08/08/2026 2.00 PM TO 4.00 PM

Coordinators: Dr Kala B.S, Dr Uma T, Dr Bessy Binu Sam

Time		Faculty	Experts
2.00 pm to 3.15 pm	Navigating still birth medicolegally: Documentation, duty & disclosure	Dr Hitesh Bhatt	Dr Vijayan C P Dr Kammappa K A Dr Biju P Pillai
	Medicolegal realities of maternal mishap	Dr Ajay Mane	
	Prevention of medical & surgical errors in Obstetrics	Dr Priya N	
	Late pregnancy termination medical and legal dimensions	Dr Vivek Krishnan	
3.15 pm to 4.00 pm	<b>OPEN FORUM</b>	Dr Subhash Mallya	Dr Vijayan C.P Dr Hitesh Bhatt Dr Ajay Mane Dr Kammappa K A Dr Jayakrishnan AV Dr Suchitra Sudhir Dr Vivek Krishnan Dr Biju P Pillai

DAY-01 8<sup>th</sup> August 2026

Hall-A

CONFERENCE

Session 1		
4.30 to 5.00 pm	<b>Key note address:</b> Inverting the pyramid of Antenatal care for risk reduction (online)	Prof Kypros Nicolaides
Session 2		
5.00 to 5.30 pm	Debate: Electronic fetal monitoring- Boon or Bane	Boon- Dr Prameela Menon Bane- Dr Sangeetha Menon
5.30 to 5.50 pm	Hysterectomy for PAS- bladder first approach	Dr Pradip Kumar Saha
5.50 to 6.10 pm	Preterm labour: translating evidence into practice	Dr Rashmi Bagga
6.10 to 6.20	<b>Discussion</b>	
6.20 to 7.00	<b>KFOG ORATION</b> Perinatal Mental Health: the missing dimension in maternal care	Dr Chellamma V K
7.00 to 8.00 pm	<b>INAUGURATION</b>	
8.00 to 10 pm	Entertainment and Banquet	

Session 1 Invited Lectures		
8.00 am to 8.50 am	Ovarian cyst in pregnancy- when and how to interfere	Dr Kaushik Vailaya
	Management of NVP	Dr Reeti Rajan
	TOLAC- is it a fading art	Dr Heera T Shenoy
	Septic abortion in modern obstetrics- challenges and solutions	Dr Rajendrasing Pardeshi
	<b>Discussion</b>	
Session 2 Cross Talks		
8.50 am to 10.15 am	Anemia- Unresponsive to iron therapy- how to proceed	Lead Discussant- Dr Bindu Nambeesan Experts- Dr Cynthia A K, Dr Sreevidhya K R
	From seizure to safety- Post partum convulsion care	Lead Discussant- Dr Acka Priya Varghese Experts- Dr Sareena Gilvaz, Dr. P C Gilvaz
	Peripartum cardiomyopathy- improving recovery	Lead Discussant- Dr Thanku Thomas Koshy Experts- Dr Lalithambika K, Dr Aneesh P.G
	AFLP- the silent killer	Lead Discussant- Dr Bindu K M Experts- Dr Mumtaz. P, Dr Sandeep Kunhikannan
	<b>Discussion</b>	
Session 3 Keynote Address		
10.15 am to 11.15 am	Sepsis updates	Dr Aswath Kumar
	Scar ectopic consciousness	Dr Ajith.S
	Rising C Section rates- a matter of concern	Dr P.K.Sekharan
	<b>Discussion</b>	
Session 4 Invited Lectures		
11.15 am to 11.45 am	Isolated amniotic fluid abnormalities- anything to be scared for	Dr Mayadevi Kurup
	Rational use of heparin in RPL	Dr Sheila Balakrishnan
	<b>Discussion</b>	
11.45am to 12.30 pm	<b>PROF T NARAYANAN GESTICON ORATION</b> Hypertensive Disorders in pregnancy- Ensuring safe journey	Dr Ravichandran R Jeganathan
12.30 pm to 1.15 pm	<b>Panel Discussion</b> Beyond confusions- Integrating Genetics in routine Obstetric practice	Moderators: Dr B Presannakumari + Dr Sreelatha B Nair Panelists – Dr Sankar V H, Dr Anitha M, Dr Basil Mathews, Dr Hema Warriar, Dr Preetha George
1.15 pm to 2.pm	<b>LUNCH</b>	

2.00 pm to 2.45 pm	<b>PANEL DISCUSSION</b> Small babies- when to watch, when to act	<i>Moderators:</i> Dr Bijoy Balakrishnan+ Dr Rani Lakshmi. S <i>Panelists-</i> Dr Vidya Thobbi, Dr Mini Issac, Dr Chithra. R, Dr Anusmitha Andrews, Dr Afsana Siddique, Dr Jayakrishnan K B, Dr Parvathy Deth
<b>Session 5 Invited Lectures</b>		
2.45pm- 3.15 pm	Dengue in pregnancy - clinical pearls	Dr Jaime Jacob
	ICT positive pregnancy- practical management	Dr Suma Vishnu
	Discussion	
<b>Session 6 Video shorts</b>		
3.15 pm -3.45 pm	Stitch in time saves life- cervical cerclage	Dr Joshy Neelankavil
	Delivery of baby in second stage caesarean	Dr Jacob. K J
	Assisted Breech delivery	Dr Lola Ramachandran
	<b>Discussion</b>	
3.45 pm to 4.30 pm	Multi-disciplinary Panel Diabetes in pregnancy	<i>Moderation-</i> Dr Manjusha Viswanathan + Dr Sapna Sridhar <i>Panelists-</i> Dr Nazer T, Dr Divya Sara, Dr Rachel Mathew, Dr Shirly Kurien, Dr Kitty Elizebeth Mammen, Dr Jeevan Joseph, Dona Mariatte
4.30 pm	<b>VALEDICTORY FUNCTION</b>	

DAY-02 9<sup>th</sup> August 2026

Hall-B

CONFERENCE

<b>Session 1 Invited lectures</b>		
8.00 am to 9.00 am	Challenges in the management of IVF pregnancy	Dr Devendra B N
	TTTS- when one drains the other	Dr Jyothi Mancheri
	Transfusion protocol in DIC	Dr Winny Vijayan
	Breast lump in pregnancy- when to interfere	Dr Thanooja S
	<b>Discussion</b>	
<b>Session 2 Invited Lectures</b>		
9.00 am to 10.00 am	Practical approach in Thyroid disorders in pregnancy	Dr Uma Randheer
	Pregnancy after renal transplant- contemporary perspectives	Dr Sangeetha D.G
	Adolescent Motherhood- clinical and social dimensions	Dr Reshma Sajan
	Optimising pregnancy after obesity treatment	Dr Vinayachandran S
	<b>Discussion</b>	

<b>Session 3 Short lectures</b>		
10.00 am to 11.00 am	Respectful maternity care- rules to be followed	Dr Leena Joseph
	Social media, Obstetrics and Professional Boundaries	Dr Krishna Menon
	Smart Obstetrics- Harnessing the power of AI	Dr Kunjumoideen K.U.
	Burn out in Obstetricians- silent epidemic	Dr Vijayalekshmi Pillai
	<b>Discussion</b>	
11.00 am to 11.45 am	Panel Discussion- Learning from lost lives	Moderation- Dr Sajala Vimalraj + Dr Sathi.M.S Panelists- Dr Agnes Mathew, Dr Hema.S Nair, Dr Lekshmi Ammal, Dr Soniya C Alphonse, Dr Lakshmi Vinod
11.45am to 12.30 pm	<b>PROF T. NARAYANAN GESTICON ORATION</b> (Plenary in Hall A) Hypertensive Disorders in pregnancy- Ensuring safe journey	Dr Ravichandran R Jeganathan
<b>Session 4</b>		
12.30 pm to 1.15 pm	Dyslipidemia in pregnancy- clinical implications and management	Dr Beena Bahuleyan
	Monitoring growth in multiples	Dr Vidyalakshmy R
	Low platelets- How to proceed in pregnancy	Dr Uma T
	<b>Discussion</b>	
1.15 pm to 2.00 pm	<b>LUNCH</b>	
2.00 pm to 3.00 pm	<b>KFOG PG QUIZ 2026</b>	Dr Rejeesh S Ravi
3.00 pm to 3.30 pm	Debate: Where should woman give birth- at home or hospital?	Dr Swapna CS Dr Shyjus P
3.30 to 3.50 pm	JHPIEGO session	Dr Vidya Thobbi
<b>Session 5</b>		
4.00 to 4.30 pm	Vaccination in pregnancy and postpartum	Dr Gokul Raj
	Post partum urinary retention- recognition and management	Dr Reeba Sara Mathew
	<b>Discussion</b>	
4.30 pm	<b>VALEDICTORY FUNCTION</b>	

## FREE PAPER, POSTER COMPETITIONS

### Freepaper and Poster competitions

Abstract & Poster Submission Deadline -15 July 2026  
Submission Email [abstracts@gesticon2026.com](mailto:abstracts@gesticon2026.com)  
for free paper abstracts and [posters@gesticon2026.com](mailto:posters@gesticon2026.com) for posters

### KFOG PG Quiz

Visit website for rules and regulations

[www.gesticon2026.com](http://www.gesticon2026.com)

### FREE PAPER AND

### POSTER COMPETITION- THEME

1. Prenatal Care
2. High risk Obstetrics
3. Prenatal Diagnosis
4. Preterm Labour prevention and Management
5. PPH and Obstetric emergencies
6. Innovations in Operative obstetrics
7. OASI and prevention
8. Public health and social Obstetrics

## IMPORTANT DATES

June 30th	Early bird registration last date
July 15th	Abstract & Poster submission last date
July 25th	Abstract receipt intimation
July 31st	Regular registration last date
August 1st	Late registration starts
August 8th	Pre conference workshops
August 8th	KFOG Oration
August 8th	Inauguration
August 8th	Entertainment and Banquet
August 9th	Gesticon oration

## HOTEL ROOM RATES

Hotel Aida	: ₹ 2,000	14.5 km
Hotel Cesar - Palace	: ₹ 3,613	12.8 km
Hotel Grand Ambassador	: ₹ 3,281	14.5 km
Hotel Floral Palace	: ₹ 2,750	14 km
Hotel Kottayam Grand	: ₹ 3,350	11 km
Hotel Pentagon	: ₹ 3,308	5 km
Hotel Fairmont	: ₹ 3,715	13 km
Hotel Indriya Heights(Excalibur)	: ₹ 2,271	6 km
Malika Residency	: ₹ 1,782	2 km
Hotel chrysoberyl	: ₹ 2,705	14.5 km
National park residency		
Ettumanur	: ₹ 2,000	3 km
Hotel Windsor castle	: ₹ 3,500	20km



REGISTRATION TARIFF

Category	Early bird till June 30th	Regular till July 30	Late and spot August 1st onwards
Delegate (KFOG Member)	₹10,000	₹12,000	₹13,000
Delegate (Non Member)	₹11,000	₹13,000	₹14,000
Residents	₹7,000	₹9,000	₹10,000
Registration fee for USG workshop (Can register only if registering for conference)	₹1,000	₹1,000	₹1,000
Accompanying Person	₹3,000	₹3,000	₹3,000

KSMC credit points applied

| PG Students should be produce certificates from HOD at the registration counter | The above fees are inclusive of 18% GST

**CONTACT PERSONS**

**For general queries**

Dr Anitha K Gopal : 9446316310  
 Dr Sushanth Y S : 8129354312  
 Dr Ajay Kumar : 9447060621

**Free paper & Poster-**

Dr Acka Priya Varghese : 9946449125  
 Dr Nega Chacko : 9496609166  
**KFOG PG Quiz**  
 Dr Rejeesh S Ravi : 9809898355



Scan here to register or visit

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or

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Kottayam Obstetrics and Gynaecological Society (KOGS)  
Govt. Medical College, Kottayam, Kerala. Pin: 686008